



Faba Bean and MCT Smoothie

With GPI 1580



Guide

When you need an instant plant-based vegan nutritional beverage with a thick consistency while having a smooth and homogenous consistency,

GPI is here to create your solution and guide you forward.

Perform

With our deep knowledge in functional hydrocolloids, **GPI 1580** adds high viscosity, suspends insoluble particles, improves homogeneity, and adds a rich smooth mouthfeel to dairy and non-dairy instant protein beverages with MCT powder. This stabilizer blend is used in beverages that require a thick consistency like milkshakes and smoothies.

GPI understands your product's journey from formulation to processing.

Inspire

GPI 1580 is suitable for both dairy and non-dairy beverage applications. Use GPI 1580 to develop instant nutritional beverages like vegan meal replacements and high protein milkshakes.

GPI is your hydrocolloid solutions provider for new product development and optimization. See our contact details at the end of the recipe.

INGREDIENTS

Faba Bean and MCT Smoothie

6.52g	Faba Bean Protein (90% protein)	2.33%
13.32g	Sugar	4.76%
5.59g	MCT Powder (70%)	2.00%
4.07g	Cocoa Powder	1.45%
0.50g	GPI 1580	0.18%
250g	Cold Water for Mixing	89.29%
280g	Total	100%



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PROCEDURE

- Blend **GPI 1580** and all the dry ingredients together until evenly distributed.

To drink:

- Mix the instant vegan shake powder with 250ml of cold water in a shaker bottle.
- Shake for 20 seconds.

NUTRITIONAL FACTS	
1 serving per recipe	
Serving size 1 scoop (30g)	
Amount per serving	110
Calories	
% Daily Value*	
Total Fat 3.4g	4%
Saturated Fat 3.1g	16%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 18mg	1%
Total Carbohydrate 19mg	7%
Dietary Fiber 1.5g	5%
Total Sugars 13g	26%
Includes 13g Added Sugars	
Protein 6.6g	
Vitamin D 0mcg	0%
Calcium 17mg	1%
Iron 1.5mg	8%
Potassium 166mg	4%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

GPI Global Inc. is a BRCS, HACCP and GMP certified company.



Looking for inspiration?
 Contact: GPI@gpiglobal.com